

Histamine's Effects on the Body

Many body systems are affected when histamine levels go unchecked. These include the immune and respiratory systems, liver, and adrenal glands.

Immune System—When the body comes in contact with an intruder, it begins to manufacture antibodies (IgE). After these antibodies encounter the invader, a large amount of histamine is released. This causes the surrounding blood vessels to dilate, which allows fluid and cells to migrate to the site of the insult. The body overreacts to these intruders, causing stress on the immune system.

Respiratory System—Histamine causes muscle constriction in the lung's bronchial tubes, which may affect normal breathing.

Liver—When bombarded with histamine, the liver becomes weakened and its ability to remove toxins is compromised, which slows down the release of invaders from the body.

Adrenal Glands—If the body is under stress, these glands secrete cortisol to regulate histamine levels and assist with the body's natural anti-inflammatory response—helping to combat the symptoms experienced with pollen, seasonal, and other stresses.

Quality

From Seed to Supplement™

At our office, we believe that given the proper nutrition, your body has the amazing capability of keeping itself healthy. We also believe that nutrition should be individualized to meet each patient's needs.

For these reasons and many more, we proudly recommend Standard Process whole food supplements.

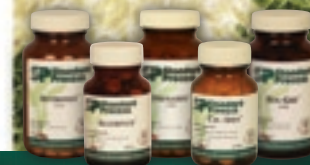


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Breathe Easier

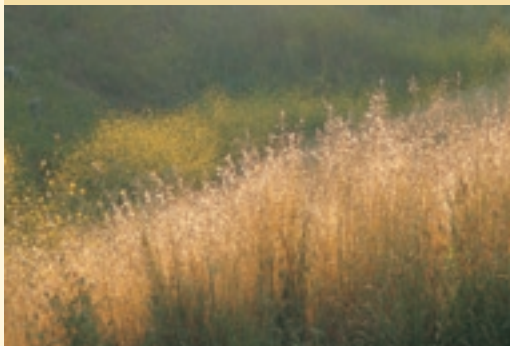


Build Your Body's Defenses with Whole Foods

Standard Process offers many whole food supplements that will help the body naturally defend itself from indoor and outdoor stresses.



By now you may be familiar with “histamine” and its role in the body. Specialized cells of the immune system release histamine when challenged by substances such as pollen, dust, dander, etc.—things we can breathe, eat, or touch. But histamine is not the root of the body’s response. Histamine may cause the outward responses you see and feel—but the problem stems from a shift in the body’s defense systems. Building up these defenses helps keep histamine at acceptable levels.



Immune System

Allerplex®—With the help of vitamin A and C complexes, supports the body’s immune response to seasonal, environmental, and dietary stressors. Also formulated to maintain healthy liver function—the body’s natural cleansing system.*

Cal-Amo®—Provides chlorides (calcium and ammonium) for maintaining proper pH balance, which helps support immune system efficiency and enhance respiratory function.*

Respiratory System

Fen-Gre®—Maintains the body’s natural function of supporting healthy levels of mucous and phlegm in the lungs and bronchial tubes.*

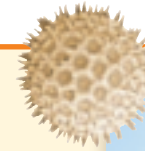
Liver

Antronex®—Supports the liver and the body’s natural antihistamine function. Can be combined with Cal-Amo for more immediate support.*

Adrenal (Stress) Glands

Drenamin®—Helps the body maintain its natural anti-inflammatory response. Can be combined with any of the products listed above for added support.*

*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Defend Against Pollen, Seasonal, and Other Stresses with Standard Process

Turn to Standard Process products that can help you return to an active lifestyle, indoors and out. Your health care professional can recommend the product that is right for your health goals.

