

*What Makes OPC Synergy®  
by Standard Process Unique*

OPC Synergy manufactured by Standard Process Inc. stands above the rest by the virtue of its scientifically-driven formula. We synergistically combine OPC from five different whole-food sources to provide optimal strength, quality, and activity. The synergism among these ingredients offers beneficial effects that could not be experienced by taking each ingredient individually.

*The whole food ingredients in OPC Synergy provide the following nutrients:*

**Grape Seed Extract**, including Masquelier's® Original OPC, which contains the highest percentage of OPC for unparalleled antioxidant strength.

**Organically Grown Buckwheat** contains the vitamin P complex (rutin), which contains OPC, to build and maintain vascular integrity.

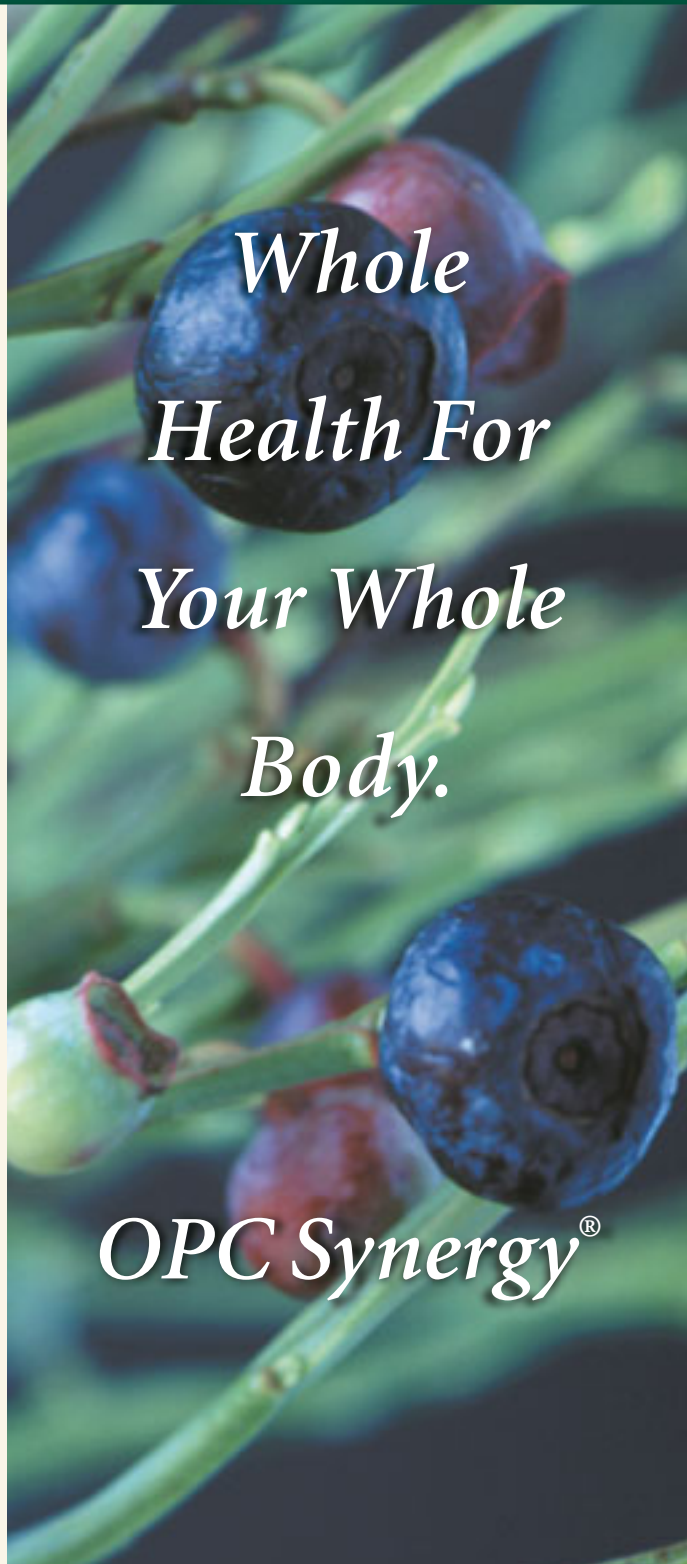
**Red Wine Extract** contains OPC and phenols to support cardiovascular and vascular function.

**Green Tea Extract** contains OPC, such as catechins, to provide antioxidant support to red cells.

**Bilberry** contains OPC, such as anthocyanosides, to provide antioxidant support to vessel walls through collagen support.\*

*The Whole Food Difference*

All Standard Process products are based on one simple belief—good health comes from good nutrition, and the best nutrients come from whole foods. Each supplement formula is built on this holistic paradigm. The whole food ingredients in OPC Synergy provide their synergistic cofactors to offer the strongest, natural antioxidant support available.\*



*Whole  
Health For  
Your Whole  
Body.*

*OPC Synergy®*



*The History & Principles of  
Standard Process*

Founded in 1929 by Dr. Royal Lee, Standard Process has been a leader in the field of natural whole food supplements for more than 75 years. Dr. Royal Lee believed that, "The quality of a whole food supplement is dependent on the quality of the manufacturing process." This remains the foundation of the Standard Process doctrine today.

Owned and operated by relatives of Dr. Lee, Standard Process manufactures its supplements from start to finish at its facility located in the heartland of America: Palmyra, Wisconsin. Beginning at the company's 1,000 acres of farmland and continuing through the final stages of our unique processing, Standard Process provides the highest quality food supplements available.



800-848-5061  
www.standardprocess.com  
L5350

© 2000 Standard Process Inc. All Rights Reserved. 02/06



*Prevent  
Maintain  
Restore*

*OPC Synergy®  
Everything You Need To Improve  
Your Quality Of Life*



# How OPC Synergy® Keeps You Healthy

## *Helps Support the Body as it Naturally Oxidizes During Aging*



Research suggests that one of the main reasons we actually look and feel differently as we grow older can be traced to the chemical process of oxidation—the slow disintegration of matter as a result of chemical reactions involving oxygen. Rust on cars, spoiled food, and crumbled stone are all results of oxidation. Our bodies experience oxidation of tremendous magnitude every day, just by living in our environment. The air we breathe and almost everything we eat or drink causes oxidative reactions in the body. Our own metabolic processes produce oxidative reactions. These biochemical processes lead to the formation of unstable molecules called free radicals. It is these free radicals that set the tone for the intensity of our individual aging process.



Antioxidants include vitamins, minerals, enzymes, and other phytonutrients that help support cells by combating free radicals. OPC (oligomeric proanthocyanidins) is the strongest and most effective of all the antioxidants. OPC has been evaluated both in test tubes and in humans and has been shown to be many times more potent than vitamins E and C.\*

## *Helps Maintain a Healthy Cardiovascular System*

OPC works in a number of ways to support the cardiovascular system. OPC reinforces vascular walls and makes them more pliable.\*

## *Helps Support Healthy Brain Tissue*

Since OPC can penetrate both fat- and water-soluble cellular membranes, it has the ability to cross the blood-brain barrier and enter brain tissue. OPC can help maintain brain tissue exposed to free radicals. OPC can also help maintain the integrity of blood vessels in the brain. OPC encourages healthy brain function by improving vascular efficiency and by supporting the cells from challenge by cellular oxidation.\*

## *Helps Maintain Capillary Integrity*

Abnormally large amounts of fluid between cells is called edema, a condition often associated with premenstrual syndrome. This increased fluid between cells comes from weakened capillary walls that allow fluid to escape. Eventually, the buildup becomes visible as tissues begin to swell. Puffy skin around the eyes and swelling in the ankle area are visible signs of edema. OPC decreases capillary leakage by making capillary walls stronger. In addition, OPC inhibits histamine release.\*

## *Helps Restore Collagen Integrity*

The connective tissue in our bodies literally holds us together. Bones, cartilage, tendons, and skin are all made of connective tissue. One of the major components of connective tissue is a white, fibrous protein called collagen. Time and normal wear-and-tear diminish the quality of connective tissue as we age. OPC interferes with collagen destruction in a number of ways:

- Regulates the amount of collagen links in connective tissue
- Fortifies collagen proteins
- Increases the ability of collagen to maintain itself
- Supports elastin
- Improves overall tissue nutrition by strengthening capillary walls\*

## *Benefits of OPC*

OPC offers so many important benefits that to list each one might seem too good to be true. But the fact remains that OPC is one of nature's best kept secrets; the gold star among dietary antioxidants. The following is a short list of how OPC can help your body:

- Supports cells in every part of the body from oxidation and free radicals
- Supports the ability of collagen to rebuild itself; helps maintain collagen as we age
- Increases the pliability and integrity of all types of blood vessel walls
- Inhibits histamine release\*

